

## Shaker Place Rehabilitation and Nursing Center

### Self-Administration of Medications

Shaker Place Rehabilitation and Nursing Center continually promotes and supports functional independence for all our Residents. In keeping with that philosophy, Residents do have the right to request self-administering their medications.

If you believe you are capable of administering your own medications and would prefer to do so, you should notify the Nurse Manager on your unit. Residents who desire to self-administer medications are subject to a clinical evaluation and assessment to determine the ability to self-administer.

In order for you to self-administer medications, you must be able to meet the following criteria:

1. Your physician must agree that you are a candidate for self-administration.
2. You must successfully complete the self-administration of medications assessment process performed by the Facility's interdisciplinary staff.
3. You must keep your medications in their original containers as provided by the pharmacy.
4. You must be capable of maintaining a record of your medication administration.
5. Your medication administration will be reviewed each shift by a member of the nursing staff.
6. You are not allowed to administer or keep in your possession any medications that have not been prescribed by your attending physician.
7. You must have the cognitive ability to self-administer medication.
8. You must be able to maintain the physical functioning necessary to self-administer medication (open containers, read labels, pour or prepare the proper dose, etc.).
9. You must demonstrate personal hygiene practices that insure you are able to safely administer medications.

