



SAMPLE MENU WEEK-AT-A-GLANCE

Breakfast Options

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Egg and Cheese on a Biscuit	Cheese omelet	Pancake of the Day	Fried egg	Belgian Waffles	Scrambled egg	Fried egg
Scrambled Egg	Scrambled egg	Scrambled egg	Scrambled egg	Scrambled egg	Boiled egg	Scrambled egg
Brown Sugar Oatmeal	Home fries	Orange Juice	Blueberry Lemon Muffin	Orange Juice	Cheddar Biscuit	Cheese Grits
Orange Juice	Cranberry Juice	Turkey Sausage	Grape Juice	Bacon	Toast	Danish
Yogurt - Vanilla	Pears	Melon	Yogurt - Fruited	Banana	English Muffin	Toast
Banana					Apple Juice	Banana
					Berry Medley	Cranberry Juice

Lunch Options

Turkey Meatloaf	BBQ Chicken Thigh	Swiss Burger On Bun	Vegetable Lasagna	Chicken Picatta	Braised Pork Loin	Roast Turkey
Ham & Cheese Sandwich on White	Turkey and Cheese Sandwich	Deli Chicken Sandwich on White	Chicken Salad Sandwich on White	Liverwurst on Rye	Reuben On Rye	Bologna & Cheese Sandwich on White
Mashed Potatoes	Red Skin Potato Salad	Sweet Potato Fries	Garlic Spinach	Key Biscayne Vegetable Blend	Roasted Sweet Potato	Sage Stuffing
Green Peas	Sugar Snap Peas	Green Beans	Yellow Squash	Cauliflower	Glazed Carrots	Green Beans
Carrot Coins	Sliced Beets	Canned Fruit	Pumpkin Pie	Cookie	Zucchini	Broccoli
Peaches	Blushing Pears	Strawberry Applesauce	Vanilla Pudding	Vanilla Pudding	Frosted Brownie	Apple Pie
Applesauce	Apple sauce	Cream Of Mushroom Soup	Cream Of Potato Soup	Sausage & White Bean Soup	Vanilla Pudding	Vanilla Pudding
Seafood Bisque	Turkey Vegetable Soup				Corn Chowder	Baked Potato Soup

Dinner Options

Broccoli Mac and Cheese	Battered Fish Fry On Roll	Ham and Cheese on Rye	Chicken Salad Sliders	Pepperoni Pizza	Chicken Patty On Bun	Tuna Salad Sub
Seafood Salad Sandwich on White	Ham Salad Sandwich on White	Tuna Salad Sandwich on White	Roast Beef Sandwich on White	Baked Shell Pasta	Turkey Salad Sandwich on White	Chicken Salad Sandwich on White
Green Beans	Creamy Coleslaw	Cool Corn Salad	Marinated 3 Bean Salad	Roast Beef Salad Sandwich on White	Waffle Fries	Macaroni Salad
Yellow Squash	Wax Beans	Beet Salad	Succotash	Green Beans	Lima Beans	Pickled Beet Salad
Chocolate Cream Pie	Italian Ice	Strawberry Shortcake	Applesauce	Corn	Melon	Wax Beans
Mandarin Oranges	Vanilla Pudding	Vanilla Pudding	Gazpacho	Sherbet	Applesauce	Cookie
Tomato Soup	Chicken Barley Soup	Tomato Tortellini Soup		Cream Of Broccoli Soup	Vegetable Soup	Applesauce
						Lentil Soup

Menu substitutions are available to accommodate food preferences, restrictions and allergies.